



## Children's Health History

Patient # \_\_\_\_\_

Date: \_\_\_\_\_

### Personal Information

Name: \_\_\_\_\_ Birth date: \_\_\_\_\_

How do they wish to be addressed in the office? \_\_\_\_\_ Male Female \_\_\_\_\_

Address: \_\_\_\_\_ City/Province/Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Grade: \_\_\_\_\_ School: \_\_\_\_\_

Parent 1/Guardian's Name: \_\_\_\_\_ Best Contact: \_\_\_\_\_

Parent 2/Guardian's Name: \_\_\_\_\_ Best Contact: \_\_\_\_\_

Email Address for parent(s): \_\_\_\_\_

Marital Status of Parents: Common-law Married Separated Divorced Widowed Other

Sibling's Names & Ages: \_\_\_\_\_

Previous Chiropractor: \_\_\_\_\_ Last Visit: \_\_\_\_\_ Concern: \_\_\_\_\_

Medical Doctor: \_\_\_\_\_ Last Visit: \_\_\_\_\_ Concern: \_\_\_\_\_

How did you hear about our office? \_\_\_\_\_

### Reason for seeking care today, other practitioners seen for condition, treatment and results:

### Prenatal History

Complications during pregnancy? No Yes, list: \_\_\_\_\_

Complications during delivery? No Yes, list: \_\_\_\_\_

Ultrasound during pregnancy? No Yes, when: \_\_\_\_\_

Medications during pregnancy/delivery? No Yes, list: \_\_\_\_\_

Any invasive procedures (amniocentesis, CVS)? No Yes, list: \_\_\_\_\_

Location of birth? Hospital Birthing Centre Home

Birth Intervention? C-section Vacuum extraction Forceps

Birth Assistance? OB/GYN Doula Midwife

Apgar Scores: \_\_\_\_\_, \_\_\_\_\_ Cigarette/Alcohol use during pregnancy? No Yes, trimester: \_\_\_\_\_

Birth Weight: \_\_\_\_\_ Birth Length: \_\_\_\_\_

### Developmental History

Your child’s spine is most vulnerable to stress and should be checked routinely by a Doctor of Chiropractic at the following developmental milestones. Prevention and early detection of vertebral subluxation (spinal nerve interference) is a great way to keep your children growing and developing optimally. At what month was your child able to:

_____	Cross crawl	_____	Sit up
_____	Respond to sound	_____	Stand alone
_____	Hold head up	_____	Walk alone

Has your child ever been taught how to care for their spine? No Yes, explain: \_\_\_\_\_

Do your child’s sleep patterns seem normal to you? Yes No, explain: \_\_\_\_\_

### Please indicate any conditions your child may have had, or currently has:

- |               |                     |                  |                  |
|---------------|---------------------|------------------|------------------|
| poor appetite | Rubella             | Diarrhea         | Paralysis        |
| Fainting      | Tuberculosis        | Hypertension     | Sinus trouble    |
| Colds/Flu     | Behavioral problems | Asthma           | Persistent cough |
| Bed wetting   | Hyperactivity       | Eczema/Rashes    | Chicken pox      |
| Backaches     | Broken bones        | Headaches        | Allergies        |
| Neck problems | Heart trouble       | Chronic earaches | Mumps            |
| Dizziness     | Joint problems      | Leg problems     | Growing pains    |
| Bronchitis    | Epilepsy/seizure    | Rheumatic fever  | Rubeola          |
| Constipation  | Digestive Disorders | Arm Problems     | Convulsions      |

Since the neuro-spinal system is sensitive to many types of stressors, the following information is also very important for us to consider:

### Chemical Stressors

Breast-fed? No Yes, how long?: \_\_\_\_\_ Introduced solids at \_\_\_\_\_ months  
If applicable, formula introduced at age: \_\_\_\_\_ Type of formula used: \_\_\_\_\_

Was there introduction of cow's/goat's milk? No Yes, age: \_\_\_\_\_

Food sensitivities, allergies, intolerances, special considerations: No Yes, list: \_\_\_\_\_

Any pets at home? No Yes, type: \_\_\_\_\_

Any smokers in home? No Yes, location: Indoor Outdoor Car

Number of courses of antibiotics child has taken: \_\_\_\_\_

Vaccination history: None Suggested Modified, explain: \_\_\_\_\_

Vaccine reactions (please circle): high pitched screaming, non-stop crying, fever, rashes, hives, convulsions, seizures, other: \_\_\_\_\_

### **Psychosocial Stressors**

Any difficulties with lactation? No Yes, explain: \_\_\_\_\_

Any problems with bonding? No Yes, explain: \_\_\_\_\_

Any behavioral problems? No Yes, explain: \_\_\_\_\_ Onset: \_\_\_\_\_

Any night terrors or sleep walking? No Yes, explain: \_\_\_\_\_

Average number of hours of television/day: \_\_\_\_\_

### **Traumatic Stressors**

According to the National Safety Council, approximately 50% of children will fall from a high place during the first year of life (ie. Bed, change table, down stairs, couch). Was this the case with your child? No Yes Explain: \_\_\_\_\_

Is your child involved in any high impact or contact type sports? No Yes, list: \_\_\_\_\_

Any traumas during pregnancy? (falls, accidents): \_\_\_\_\_

Any evidence of birth trauma? (bruises, odd shaped head, stuck in birth canal, fast or excessive long birth, respiratory depression, cord around neck, other): \_\_\_\_\_

Any traumas resulting in stitches, fractures: No Yes, explain: \_\_\_\_\_

Has your child ever been seen on an emergency basis? No Yes, explain: \_\_\_\_\_

Prior surgery? No Yes, list: \_\_\_\_\_

Weight of school backpack: \_\_\_\_\_

I hereby authorize this office and its doctors to administer care to my child as they deem necessary. I clearly understand and agree that I am personally responsible for payment of all fees charged by this office.

Parent/Guardian's signature: \_\_\_\_\_ Date: \_\_\_\_\_

Thank you for completing this form and trusting us to care for your family.